



Breakfast February 2018



Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Fuel for You Meal Kit Pineapple Cup Milk	2 Oatmeal Muffins Grapes Milk	3 Menus subject to change.
4 Fat Free Milk (Unflavored/ Flavored) & 1% offered daily.	5 Fuel for You Meal Kit Pear Cup Milk	6 French Toast Fruit Mix OJ Milk	7 Fuel for You Meal Kit Applesauce Cup Milk	8 Cheese Omelet Toast Peaches OJ Milk	9 Breakfast Pizza Oatmeal Bar Apple Slices Milk	10
11 <i>Salad Bar could include 1 cup spinach/ romaine and other lettuce; 2 meat/ equivalent meat, cheese or eggs; 1/2 cup tomatoes, peppers, carrots, broccoli, cauliflower, celery and/ or peas, 1 cup fruit; slice bread.</i>	12 Pancakes String Cheese Graham Crackers Milk	13 Fuel for You Meal Kit Mandarin Oranges Milk	14 Egg & Cheese Muffin Peaches OJ Milk	15 Oatmeal Yogurt Cup OJ Milk	16 Fuel for You Meal Kit Pear Cup Milk	17
18	19 Fuel for You Meal Kit Peach Cup Milk	20 Scrambled Eggs Toast Pineapple Milk	21 NO SCHOOL P/T Conferences	22 Fuel for You Meal Kit Fruit Mix Milk	23 Breakfast Burrito Muffins Banana Milk	24
25	26 Oatmeal Cinni. Minis Fruit Mix Milk	27 Waffles Muffins Peaches Milk	28 Fuel for You Meal Kit Pear Cup Milk			